



If your carcinoid syndrome diarrhea (CSD)
relief stalls, ask your doctor if

**IT'S TIME
FOR XERMELO**



Indication

XERMELO is a prescription pill, used along with somatostatin analog (SSA) therapy, for carcinoid syndrome diarrhea in adults who are not adequately controlled by SSA therapy.

Select Safety Information

- Do not take XERMELO if you have a history of hypersensitivity to telotristat or any of the ingredients in XERMELO.

Please see additional Important Safety Information on page 11.

Please see accompanying or click for [Full Prescribing Information](#).

What causes carcinoid syndrome diarrhea (CSD)?

CSD occurs when a neuroendocrine tumor (NET) cell produces too much serotonin.

Let's take a closer look

To better understand the cause of CSD, take a moment to learn about the science behind it.

1



When cells grow abnormally, they form a tumor.

2



When a tumor forms in the neuroendocrine system, it may produce too many hormones, such as serotonin.

3



Hormones are one way your body's cells communicate with each other to help with bodily functions. For example, serotonin is a hormone that communicates with your gut to help with digestion.

4



When NETs produce too much serotonin, your body's natural serotonin levels can be thrown off balance. The extra serotonin in the gut can lead to CSD.

Select Safety Information

- XERMELO may cause constipation which can be serious. You should stop taking XERMELO if severe constipation or severe, persistent, or worsening abdominal pain develops. Talk to your doctor if you have these symptoms.

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When SSA injections alone are not enough, ask your doctor if it's time for **XERMELO**

Even though you are being treated with somatostatin analog (SSA) injections, you can still experience symptoms of CSD. **That's why your doctor may add XERMELO**, a prescription pill, to your treatment plan.

Talk to your healthcare provider if you are:



**TAKING
ANTIDIARRHEALS
MORE OFTEN**



**LIMITING
ACTIVITIES
OUTSIDE OF HOME**



**PLANNING WHERE TO
FIND BATHROOMS WHEN
YOU LEAVE THE HOUSE**



Actor portrayals.

Select Safety Information

- The most common side effects of XERMELO include nausea, headache, increase in liver enzymes, depression, flatulence, decreased appetite, swelling of your hands and feet, fever, abdominal pain, and constipation.

Reduce your serotonin and manage CSD

XERMELO pills + somatostatin analog (SSA) injections work together to reduce excess serotonin and manage carcinoid syndrome diarrhea (CSD)

SSA blocks release of serotonin outside the cell



XERMELO reduces overproduction of serotonin inside the cell

Unlike antidiarrheal medications, **XERMELO targets a key cause of CSD**, which is too much serotonin in the gut.

How XERMELO was studied

In the TELESTAR study, XERMELO + SSA was compared with SSA injections alone in 90 people (45 per test group) with CSD. Participants were having between 4 to 12 bowel movements (BMs) per day and were already on a steady SSA dose for at least 3 months. All participants were followed for 12 weeks and recorded diarrhea frequency in a daily diary.

XERMELO pills + SSA injections provide long-term relief for CSD

TELESTAR, the clinical study that led to the FDA approval of XERMELO, showed meaningful reductions in CSD symptoms.

XERMELO was studied in multiple long-term safety studies. The average treatment was 92 weeks.

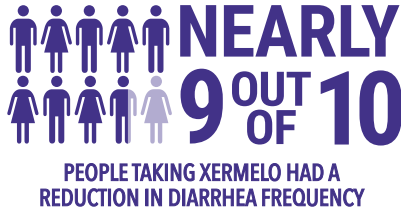


XERMELO + SSA reduced average daily BM frequency **2X more than SSA injections alone** (-1.4 vs -0.6, respectively).

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Give XERMELO 12 weeks to work

In the TELESTAR study, almost 9 out of 10 people with CSD (89%) taking XERMELO pills plus SSA injections had a reduction in diarrhea frequency at 12 weeks. In the same study, only 69% of patients on SSA injections alone reduced their BM frequency.



Most patients see **improvement in 12 weeks** and some patients may **start to see results as early as 1 to 3 weeks**.

“After about a week of taking XERMELO pills three times a day plus my monthly SSA injection, I noticed my CSD symptoms were improved.”

—Randy C,
a real XERMELO patient



Select Safety Information

- Talk to your doctor about all medications you are taking as some may interact with XERMELO.
- XERMELO is not recommended if you have moderate or severe liver impairment.

XERMELO reduced serotonin levels

Carcinoid syndrome diarrhea (CSD) occurs when there is too much serotonin in the gut. When serotonin breaks down in your body, it becomes **5-hydroxyindoleacetic acid (5-HIAA)**. **People with CSD often have high levels of 5-HIAA.** In the TELESTAR study, about 57% of patients that were enrolled had elevated 5-HIAA levels at baseline, while 27% had normal levels and ~15% had unknown levels at baseline.

At the end of the TELESTAR study, patients' 5-HIAA levels were measured. In the group treated with XERMELO + somatostatin analog (SSA) injections, 5-HIAA levels were **reduced by 40.1 mg**. In patients treated with SSA alone, 5-HIAA levels showed an **increase of 11.5 mg**.

Your doctor may measure your 5-HIAA to see how much serotonin is in your body.

XERMELO was shown to be **effective** in patients **regardless of their baseline 5-HIAA levels.**

XERMELO was well tolerated in most patients

Let your doctor know about any side effects you experience. The most common side effects of XERMELO combined with SSA therapy were nausea, headache, increase in liver enzymes, depression, flatulence, decreased appetite, swelling of hands and feet, and fever.

XERMELO may cause constipation which can be serious. You should stop taking XERMELO if severe constipation or severe, persistent, or worsening abdominal pain develops. Talk to your doctor if you have these symptoms.

In a 12-week clinical study, most patients who started on XERMELO stayed on XERMELO.

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How to **get started** with XERMELO

You need to take XERMELO 3 times a day, every day, with a meal or snack. That's because food increases your body's ability to absorb XERMELO.



Easy and convenient packaging – first dose and every dose

When it comes to managing your CSD, XERMELO helps make it easy to remember and track every dose.



XERMELO comes in a monthly pack with 4 convenient blister packs (one per week).

For illustration only.



**SYMPTOMS MAY RETURN
IF YOU MISS A DOSE OF XERMELO**

Get support as you start XERMELO

TerSera NurseSupport is here to support you and serve as a resource for:



Starting XERMELO



Nutrition education



Advocacy connections



Disease education

TerSera NurseSupport is only available to patients who have been prescribed XERMELO. Our **Clinical Nurse Educators** can share general information about carcinoid syndrome diarrhea (CSD) but cannot provide medical advice on your specific condition.



Enroll in TerSera NurseSupport today!

Scan the **QR code** or visit [TheNetNurse.com](https://www.thenetnurse.com).

How to talk to your doctor about XERMELO

When your doctor has the complete picture of how CSD affects your life, they can help find a treatment that is right for you. Answer a few questions to create a helpful doctor discussion guide for your next appointment.

Scan to create your doctor discussion guide.



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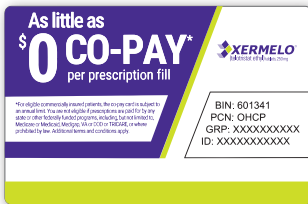
Please see accompanying or click for [Full Prescribing Information](#).

Comprehensive support program to help access treatment



Contact TerSera SupportSource
at **1-844-XERMELO** (937-6356)
Monday–Friday, 9 AM to 6 PM ET

- Helps you understand **what financial support may be available** through independent assistance foundations
- Offers the Patient Assistance Program to eligible patients with **established financial need** to receive **free product**. Terms and conditions apply



Not actual card.

- Commercially insured patients may **pay as little as \$0 co-pay*** (subject to an annual limit)

*For eligible commercially insured patients, the co-pay card is subject to an annual limit. You are not eligible if prescriptions are paid for by any state or other federally funded programs, including, but not limited to, Medicare or Medicaid, Medicaid, VA or DOD or TRICARE, or where prohibited by law. Additional terms and conditions apply.



Actor portrayals.

Where to turn for support

Support groups like the ones listed below may help by providing insight, advice, and community. By being listed here, the organizations do not specifically endorse XERMELO.



The **Carcinoid Cancer Foundation** aims to increase awareness and educate the general public and healthcare professionals regarding NETs, to support NET cancer patients and their families.

For more information, visit Carcinoid.org.



LACNETS provides free educational resources, support networks, and online and in-person ways to connect.

For more information, visit LACNETS.org.



Neuroendocrine Tumor Research Foundation provides research funding and valuable patient educational resources including digital resources and in-person education programs.

For more information, visit NETRF.org.



The Healing NET Foundation seeks to optimize neuroendocrine cancer care through education and collaboration between physicians, patients, and their caregivers.

For more information, visit TheHealingNet.org.



NCAN is a patient founded organization dedicated to raising awareness of Neuroendocrine Cancer by providing support for patients and caregivers.

For more information, visit NETCancerAwareness.org.

Find support from an **online community**

Follow My Dazzle on Facebook for more resources and recipes, and get connected with others on their CSD journey.



Facebook is a trademark of Meta Platforms, Inc.

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- Talk to your doctor about all medications you are taking as some may interact with XERMELO.
- XERMELO is not recommended if you have moderate or severe liver impairment.

You are encouraged to report negative side effects of prescription drugs to the FDA. To report suspected adverse reactions, contact the FDA at 1-800-FDA-1088 or www.FDA.gov/medwatch. You may also contact TerSera Therapeutics at 1-844-334-4035 or medicalinformation@tersera.com.

Please see accompanying or click for [Full Prescribing Information](#).



If your carcinoid syndrome diarrhea (CSD) relief stalls on somatostatin analog (SSA) injections alone, ask your doctor if



- ✓ Excess serotonin is a key cause of CSD
- ✓ SSA injections may be less effective over time, causing CSD symptoms to return
- ✓ XERMELO pills + SSA injections can help reduce serotonin to help manage CSD
- ✓ XERMELO pills + SSA injections reduced average daily bowel movements 2x more than SSA injections alone
- ✓ When starting XERMELO, it may take 12 weeks to see full improvement. Others may see improvement as early as 1 to 3 weeks
- ✓ TerSera offers you resources with its NurseSupport and SupportSource programs

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